Session plan: Topic three - Staying safer

### Session overview:

This session aims:

1. Introduce participants to the basics of AI in a friendly and relatable way,
2. Demonstrate how AI can assist in their daily lives
3. Build their confidence in using AI through interactive and engaging activities.

This session plan is used as a guide to help you create your session. You can pick and choose the various activities here:

* [Digital mentor resources](https://goodthingsaustralia.org/teach-category/artificial-intelligence-ai/)
* [Learner resources](https://goodthingsaustralia.org/learn-category/ai/)

Time: Approximately 2 hours without breaks. Please schedule breaks.

### Learning objectives

| **Participants will be able to** | **Activities** |
| --- | --- |
| Understand basic online safety skills when interacting with AI | Protecting your information - Tips sheets and gamesAI Safety eLearning |
| Know what to do if they have an online safety concern | Scams and what to do |

| **Purpose** | **Activity** | **Discussion** | **Time** |
| --- | --- | --- | --- |
| Welcome and Introduction | Greet participants warmly. | * Introducing the topic: "Today, we'll learn about how we can be safer when using AI, or consuming AI generated information”
* Briefly explain the agenda and what the participants will learn
 | 10 mins |
| [**Protect your information**](https://goodthingsaustralia.org/mentor-resource/protecting-your-information-with-ai-game/)  | This can be used as an icebreakerThis game focuses on how to protect your personal information when using AI. The flip cards are designed to spark conversations about the how and why of protecting your personal information. | Take moments in between each question to add your own examples or open for discussions.  | 15 minutes |
| [**Protecting your information**](https://goodthingsaustralia.org/mentor-resource/protecting-your-information/) | You can hand out this tip sheet is for learners to take home a companion for the protecting your information game |  |  |
| [**Guide to ChatGPT for Parents and Caregivers**](https://goodthingsaustralia.org/learn-resource/a-guide-to-chatgpt-for-parents-and-caregivers/)  | Watch the “What is ChatGPT?” video: Learn more about what ChatGPT is and how it is being used in everyday life.Learning conversations: Use this guide to see how ChatGPT can help your child learn. It can be used to practise reading, writing, and thinking skills in a safe way.Safety and monitoring: Learn how to watch over your child’s use of ChatGPT to keep them safe and make sure they are using it responsibly.Family activities: Find ways to use ChatGPT as a fun family tool. You can work on projects together, explore topics, or practise new languages. | **Key Points Summary:*** **What is ChatGPT?** ChatGPT is a tool that talks like a person, answers questions, and helps with things like writing and research.
* **Stay safe:** It’s important to keep an eye on how your child uses ChatGPT so they don’t see anything inappropriate or incorrect.
* **Help with learning:** ChatGPT can be a useful tool for helping with homework, creating writing ideas, and practising languages.

**Questions to ask:**How can ChatGPT help my child learn better?What can I do to keep my child safe while using ChatGPT?How can I make sure my child understands what ChatGPT says?What are some fun ways our family can use ChatGPT together? | 30 mins |
| [**Review AI created text vs human Level 2**](https://goodthingsaustralia.org/mentor-resource/review-ai-written-text-vs-human-level-2/)  | This activity will help learners understand the differences between text created by AI and text written by a human. Split the room into 2 groups. Print out the resource and give one to each group. Ask the groups to discuss and decide if the text they have been given is Human or AI. |  | 15mins |
| [**Scams and what to do**](https://goodthingsaustralia.org/mentor-resource/scams-what-to-do/) | You can use this tip sheet as a hand out for learners to take home and/or use it as a guide and activity to share and discuss practical tips to support a person when they are targeted by SCAMS.**Activity:**Split the group into smaller groups and have each group come up with a Scam and what they think they should do about it.Bring the group back together and put each Scam up on the board to discuss solutions. |  | 15mins |

### Session Wrap up

**Wrap-Up and Q&A (15 minutes)**

**Activity**:

* Recap key points from the session.
* Open the floor for any remaining questions.
* Provide information on where to find more resources.

**Feedback and Closing (10 minutes)**

**Activity**:

* Distribute feedback forms.
* Thank participants for their time and participation.
* Provide contact information for further support.

### **Materials Needed**

* Printed Practice - Review AI text
* Printed flip cards - Protecting your information
* Printed tip sheet - Protecting your information
* Printed materials - Scams and what to do
* AI tools for hands-on practice (e.g., tablets or smartphones with relevant apps).
* Reflection sheets.
* Feedback forms.

### **Key Points**

* **Interactive and Engaging**: Mix of watching, discussing, and hands-on activities to keep participants engaged.
* **Relatable and Simple**: Use relatable examples and simple language to ensure understanding.
* **Empowering**: Focus on how AI can positively impact their lives and build their confidence in using technology.