Session plan: Topic two - Benefits AI

### Session overview:

This session aims:

1. Understand the potential benefits and opportunities AI can create

This session plan is used as a guide to help you create your session. You can pick and choose the various activities here:

* [Digital mentor resources](https://goodthingsaustralia.org/teach-category/artificial-intelligence-ai/)
* [Learner resources](https://goodthingsaustralia.org/learn-category/ai/)

Time: Approximately 1 hours without breaks. Please schedule breaks.

### Learning objectives

| **Participants will be able to** | **Activities** |
| --- | --- |
| Dispel myths around AI | Participate in the Yes or No game |
| Understand the advantages and disadvantages around using AI | Engaging in guided discussions about the advantages and disadvantages of AI. Self reflection on the questions to ask yourself before using AI. |

| **Purpose** | **Activity** | **Discussion** | **Time** |
| --- | --- | --- | --- |
| Welcome and Introduction | Greet participants warmly. | * Introduce the topic: "Today, we are going to talk and learn about how AI can benefit us everyday”
* Briefly explain the agenda and what the participants will learn
 | 10 mins |
| [**Yes or No**](https://goodthingsaustralia.org/mentor-resource/do-you-know-about-ai-yes-or-no-game/) | GameThis “Yes or No Game” is designed to help learners understand the basics of Artificial Intelligence (AI) through an engaging and interactive activity. By answering simple “Yes” or “No” questions, learners can test their knowledge and learn new facts about AI in a fun and relaxed environment. This activity is suitable for all levels of digital literacy and aims to dispel myths and provide accurate information about AI. | Take moments in between each question to add your own examples or open for discussions.  | 15 minutes |
| [**Thinking about AI? Questions to ask yourself**](https://goodthingsaustralia.org/learn-resource/thinking-about-using-ai-questions-to-ask-yourself/)  | This tip-sheet will help you think carefully about using AI in your daily life. It includes examples to help you understand the benefits, privacy concerns, and how to spot fake information. By answering these questions, you’ll learn how AI can support you safely and effectively. | * Have participants pair up and discuss any technology they use daily (e.g., smartphones, apps), how they protect their privacy, and how they currently spot fake information.
* Share one thing they know about AI, if anything.
 | 15 mins |
| [**AI Art Gallery**](https://goodthingsaustralia.org/mentor-resource/ai-art-gallery/) | This fun and interactive activity allows learners to explore AI-generated art by using simple prompts. Digital Mentors can guide learners in using Padlet to create unique digital artworks, blending creativity and technology. This activity helps introduce learners to AI concepts through a hands-on approach while encouraging them to think about how AI can bring their ideas to life. | Download the activity instructions PDF and share this with your learners | 15mins |
| [**The advantages and disadvantages of Artificial Intelligence**](https://goodthingsaustralia.org/mentor-resource/the-advantages-and-disadvantages-of-artificial-intelligence-ai/) | This article explores the pros and cons of Artificial Intelligence (AI), highlighting how AI can improve efficiency, accuracy, and productivity across various fields, while also raising concerns about job displacement, ethical considerations, and the potential for misuse. | Class Discussion: Use the article as a starting point for a group discussion on the positive and negative impacts of AI. Encourage participants to share their thoughts and relate the content to their personal experiences. | 20mins  |
| [**Benefits of AI in our daily lives**](https://goodthingsaustralia.org/mentor-resource/benefits-of-ai-in-our-daily-lives/) | This worksheet highlights the various ways AI can benefit our daily lives. It includes a fillable infographic where learners can note down specific examples of AI applications they encounter. The worksheet is designed to make AI concepts relatable and show how AI can make everyday tasks easier and more efficient. |  | 20 mins |

### Session Wrap up

**Wrap-Up and Q&A (15 minutes)**

**Activity**:

* Recap key points from the session.
* Open the floor for any remaining questions.
* Provide information on where to find more resources.

**Feedback and Closing (10 minutes)**

**Activity**:

* Distribute feedback forms.
* Thank participants for their time and participation.
* Provide contact information for further support.

### **Materials Needed**

* Printed - Benefits of AI in our daily lives, Thinking about AI?
* Share screen for Yes or No game
* AI tools for hands-on practice (e.g., tablets or smartphones with relevant apps).
* Reflection sheets.
* Feedback forms.

### **Key Points**

* **Interactive and Engaging**: Mix of watching, discussing, and hands-on activities to keep participants engaged.
* **Relatable and Simple**: Use relatable examples and simple language to ensure understanding.
* **Empowering**: Focus on how AI can positively impact their lives and build their confidence in using technology.