Session plan: Topic one - Introduction to AI

### Session overview:

This session aims:

1. Introduce participants to the basics of AI in a friendly and relatable way,
2. Demonstrate how AI can assist in their daily lives
3. Build their confidence in using AI through interactive and engaging activities.

This session plan is used as a guide to help you create your session. You can pick and choose the various activities here:

* [Digital mentor resources](https://goodthingsaustralia.org/teach-category/artificial-intelligence-ai/)
* [Learner resources](https://goodthingsaustralia.org/learn-category/ai/)

Time: Approximately 2 hours without breaks. Please schedule breaks.

### Learning objectives

| **Participants will be able to** | **Activities** |
| --- | --- |
| Recall basic definitions and examples of AI | Watching an animation on the introduction to AI and participating in a group discussion about everyday technology |

| **Purpose** | **Activity** | **Discussion** | **Time** |
| --- | --- | --- | --- |
| Welcome and Introduction | Greet participants warmly. | * Introduce the topic: "Today, we'll learn about a new friend called AI and how it can help us in our daily lives." * Briefly explain the agenda and what the participants will learn | 10 mins |
| [**Do you know about AI? Game**](https://goodthingsaustralia.org/mentor-resource/do-you-know-about-ai-yes-or-no-game/) | This is an icebreaker to help participants warm up to AI. The purpose of this game is to show the participants facts and myths about AI to help build their confidence around the topic.  The goal here is to reduce the fear around artificial intelligence to showcase its benefits and potential for the participant. | Take moments in between each question to add your own examples or open for discussions. | 15 minutes |
| [**How AI can help you: Printable flip card activity**](https://goodthingsaustralia.org/mentor-resource/how-ai-can-help-you-printable-flip-card-activity/)  **Purpose**: To get participants thinking about their current use of technology and ease them into the topic of AI. | **AI in everyday life** | * Have participants pair up and discuss any technology they use daily (e.g., smartphones, apps). * Share one thing they know about AI, if anything. | 15 mins |
| [**Where is AI now**](https://goodthingsaustralia.org/mentor-resource/where-is-ai-now/)  Animation to introduce some basic terms and demystify the concept. | **Where is AI now**  Play the short animation explaining where AI is in simple terms. | Brief Q&A to ensure understanding.  Some more suggested questions -   * What sort of AI have you used? * Did you know that you had already been using AI? * Had you wondered about why your social media was suggesting things for you? * Do you feel differently about AI now? | 15mins |
| [**Key Words in AI - Printed**](https://goodthingsaustralia.org/mentor-resource/ai-keywords/) | These flip cards introduce key AI terms and concepts in an easy-to-understand format.  Each card includes a word on one side and a simple definition or explanation on the other. These cards are perfect for quick learning and review, helping learners become familiar with essential AI vocabulary. | Questions to ask participants | 20mins |
| [**Find a word**](https://goodthingsaustralia.org/mentor-resource/find-the-ai-words-intro-to-ai-worksheet/)  It's designed to help you become familiar with important words related to AI by finding them in a word search puzzle. | This "**Find a Word**" activity is a fun and engaging way to learn about Artificial Intelligence (AI) terms.  Activity Instructions:  Look at the List:  Start by looking at the list of AI-related words provided below to the puzzle.  **Find the Words:**  Find each word from the list in the word search puzzle.  Words can be hidden in all directions: horizontally, vertically, and diagonally, both forwards and backwards.  **Mark the Words:**  Once you find a word, draw a circle around it or highlight it.  **Check off the words:**  As you find each word, check it off from the list.  **Enjoy and learn:**  Take your time and enjoy the process.  If you get stuck, try looking for the first few letters of a word to help you find it.  Remember, this activity is a great way to familiarise yourself with important AI terms in a fun and interactive way. Have fun searching! |  | 20 mins |
| [Review AI created text vs human Level 1](https://goodthingsaustralia.org/mentor-resource/review-ai-created-text-vs-human-written-text-level-1/) | This activity will help learners understand the differences between text created by AI and text written by a human. Split the room into 2 groups. Print out the resource and give one to each group. Ask the groups to discuss and decide if the text they have been given is Human or AI. |  |  |

### Session Wrap up

**Wrap-Up and Q&A (15 minutes)**

**Activity**:

* Recap key points from the session.
* Open the floor for any remaining questions.
* Provide information on where to find more resources.

**Feedback and Closing (10 minutes)**

**Activity**:

* Distribute feedback forms.
* Thank participants for their time and participation.
* Provide contact information for further support.

### **Materials Needed**

* Printed Practice - Evaluating AI text
* Printed flip cards with AI benefits.
* Short animations on AI.
* AI tools for hands-on practice (e.g., tablets or smartphones with relevant apps).
* Reflection sheets.
* Feedback forms.

### **Key Points**

* **Interactive and Engaging**: Mix of watching, discussing, and hands-on activities to keep participants engaged.
* **Relatable and Simple**: Use relatable examples and simple language to ensure understanding.
* **Empowering**: Focus on how AI can positively impact their lives and build their confidence in using technology.